Track Schedule at Governor Simcoe	
9:00 AM	Leave for Governor Simcoe
9:30 AM	1500M
10:00 AM	100M – Heats
10:30 AM	400M – Finals
11:00 AM	200M – Timed Finals
12:00 PM	800M – Finals
12:30 PM	100M – Finals
1:30 PM	Return to WHM